



COVID-19:

LEGACY CHRISTIAN PRESCHOOL PANDEMIC POLICY

2020

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Child care is a critical part of the public health emergency response team

Introduction

The virus is thought to spread primarily from person-to-person.

- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs, sneezes or talks.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- Some studies have suggested that COVID-19 may be spread by people who are not showing symptoms.

Knowing these facts, Legacy Christian Preschool has implemented many new safety measures for families, children and teachers to follow so that we are an important part of reducing the spread and keeping everyone as healthy as possible.

Social Distancing Strategies

Legacy Christian Preschool staff and families will follow, the CDC, California State Licensing guidelines, and the local health officials to determine a set of strategies appropriate for our center. We will use preparedness strategies and consider the following social distancing strategies that may/may not be implemented at some point of time during COVID-19.

- Whenever possible, our classes should include the same group each day, and the same child care providers should remain with the same group each day.
- Cancel or postpone special events such as festivals, holiday events, and special performances.
- Consider whether to alter or halt daily group activities that may promote transmission.
 - Keep each group of children in a separate room whenever possible.
 - Limit the mixing of children, such as staggering playground times and keeping groups separate for special activities such as art, music, and exercising.

Guidelines for onset of illness at Legacy Christian Preschool

Child

- If a child becomes sick during the day, the teacher will remove child to the office in a low traffic area, where the child will be kept child comfortable until the family can arrive.
- The family will immediately be called and a request for immediate pick up will be made.

Employee

- Employees who appear to have symptoms (i.e., fever, cough, or shortness of breath) upon arrival at work or who become sick during the day should immediately be separated from children, co-workers, parents, visitors, and be sent home.
- If an employee is confirmed to have COVID-19 infection, administration will inform parents, fellow employees of their possible exposure to COVID-19 in the workplace but maintain confidentiality as required by the Americans with Disabilities Act (ADA). The fellow employees and families should then self-monitor for symptoms (i.e., fever, cough, or shortness of breath).

Guidelines for onset of illness while at home

Child

- If a child becomes sick at home with any symptoms, cough, fever, muscle aches, generally not feeling well, we ask that you notify us and keep your child at home. Follow our current illness policy to understand the return to school policy. If symptoms are consistent with COVID-19, please phone your child's pediatrician and ask for guidance. Please phone us and share that guidance so that Legacy Christian Preschool will know how to proceed with our next steps of notifying the proper and required people, and/or authorities.

Employee

- Stay home: Most people with COVID-19 have mild illness and are able to recover at home without medical care. Do not leave your home, except to get medical care. Do not visit public areas.
- Stay in touch with your doctor
- Stay away from others: as much as possible, you stay away from others. You should stay in a specific "sick room" and away from other people and pets in your home. Use a separate bathroom, if available.
- If you develop emergency warning signs for COVID-19 get medical attention immediately. Emergency warning signs include:
 - Trouble breathing
 - Persistent pain or pressure in the chest
 - New confusion or inability to arouse
 - Bluish lips or face

Family member

- If caring for a sick household member, follow recommended precautions and monitor your own health
- Have the person stay in one room, away from other people, including yourself, as much as possible.
 - If possible, have them use a separate bathroom.
 - Avoid sharing personal household items, like dishes, towels, and bedding.
 - Have them wear a cloth face covering (that covers their nose and mouth) when they are around people, including you.
 - If the sick person can't wear a cloth face covering, you should wear one while in the same room with them. If the sick person needs to be around others (within the home, in a vehicle, or doctor's office), they should wear a cloth face covering that covers their mouth and nose.
- Wash your hands often with soap and water for at least 20 seconds, especially after interacting with the sick person. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth.
- Every day, clean all surfaces that are touched often, like counters, tabletops, and doorknobs Use household cleaning sprays or wipes according to the label instructions. Wash laundry thoroughly. Avoid having any unnecessary visitors.
- For any additional questions about their care, contact their healthcare provider or state or local health department.

Keep surfaces disinfected

- Disinfectants and sanitizers should be left on surfaces to air dry and not be wiped off. Consult the manufacturer label for more instructions.

Children/Staff who have had close contact with a person with symptoms or diagnosed with COVID-19

- Children who have symptoms must stay home.
- Employees who have symptoms (i.e., fever, cough, or shortness of breath) should notify their supervisor and stay home.
- Sick employees should follow CDC-recommended steps. Employees should not return to work until the criteria to discontinue home isolation are met, in consultation with healthcare providers and state and local health departments.
- Employees who are well but who have a sick family member at home with COVID-19 should notify their supervisor and follow CDC recommended precautions.

Children/Staff with COVID-19 who have home isolated can stop isolation with these conditions

- If a test will not be administered to determine if you are still contagious, children and staff can return to Legacy Christian Preschool after these three things have happened:
 - No fever for at least 72 hours (that is three full days of no fever without the use medicine that reduces fevers)
 - Other symptoms have ceased (cough, shortness of breath, etc.)
 - At least 7 days have passed since symptoms first appeared
- If a test is required to determine if person is still contagious, children or staff can return to Legacy Christian Preschool after these three things have happened:
 - No fever (without the use medicine that reduces fevers)
AND
 - Other symptoms have ceased (cough or shortness of breath)
AND
 - Received two negative tests in a row, 24 hours apart. Your doctor will follow CDC guidelines.
- Persons with laboratory-confirmed COVID-19 who have not had any symptoms may discontinue isolation when at least 7 days have passed since the date of their first positive COVID-19 diagnostic test and have had no subsequent illness provided they remain asymptomatic. For 3 days following discontinuation of isolation, these persons should continue to limit contact (stay 6 feet away from others) and limit potential of dispersal of respiratory secretions by wearing a covering for their nose and mouth whenever they are in settings where other people are present. In community settings, this covering may be a barrier mask, such as a bandana, scarf, or cloth mask. The covering does not refer to a medical mask or respirator.

If Legacy Christian Preschool has a case of COVID-19

- Legacy Christian Preschool will notify families and staff of the exposure
- Legacy Christian Preschool will report the confirmed case to the local health department and follow their specific guidelines
- Legacy Christian Preschool will report the confirmed case to the state Department of Public Health
- Determine the date of symptom onset for the child/staff member
- Determine if the child/staff member attended/worked at the program while symptomatic or during the 2 days before symptoms began
- Identify what days the child/staff member attended/worked during that time
- Determine who had close contact with the child/staff member at the program during those days. Close off areas used by the individuals with COVID-19
- Exclude the children and staff members who are determined to have had close contact with the

affected/child/staff member for 14 days after the last day they had contact with the affected/child/staff member

- Wait as long as practical before beginning cleaning and disinfection to minimize potential for exposure to respiratory droplets.
 - Open outside doors and windows to increase air circulation in the area.
 - If possible, wait up to 24 hours before beginning cleaning and disinfection. If 24 hours is not feasible, wait as long as possible
 - Clean and disinfect all areas used by the sick person, such as offices, bathrooms, common areas, shared electronic equipment like tablets, touch screens, keyboards, and remote controls.
 - If more than 7 days since the sick person visited or used the facility, additional cleaning and disinfection is not necessary.
 - Continue routine cleaning and disinfection
 - When cleaning, wear disposable gloves for all tasks in the cleaning process, including handling trash.
 - Gloves should be removed carefully to avoid contamination of the wearer and the surrounding area.
 - Wash your hands often with soap and water for 20 seconds.-Always wash immediately after removing gloves and after contact with a sick person.

Dismiss students and staff for 2-5 days

This initial short-term dismissal allows time for the local health officials to gain a better understanding of the COVID-19 situation impacting the school. This allows the local health officials to help the school determine appropriate next steps, including whether an extended dismissal duration is needed to stop or slow further spread of COVID-19.

- Local health officials' recommendations for the scope and duration of center closure will be made on a case-by-case basis using the most up-to-date information about COVID-19 and the specific cases in the community.
- During center closure, any extracurricular group activities will be cancelled.
- Discourage staff, students, and their families from gathering or socializing anywhere. This includes group child care arrangements, as well as gathering at places like a friend's house, a favorite restaurant, or the local shopping mall.
- A short-term dismissal will not include the stopping or reduction of tuition. Should the center be closed for more than 5 business days, tuition reduction/stopping will be addressed.

Health Screening of Children/Staff

All children and staff are required to be screened for any observable illness, including cough or respiratory distress, and to confirm temperature below 100.4 degrees upon arrival every day until further notice. If a child is excluded from care because of fever, cough, or shortness of breath, the child must be symptom free for 48 hours to return to care. There is no reduction of tuition for this time period.

Child

- Perform hand hygiene once in the classroom
- Staff will wear a mask and gloves while checking child's temperature upon entrance.
- Check each child's temperature upon arrival. Currently, as of May 13, 2020, a fever is considered 100.4 degrees.
- Thermometer must be disinfected before and after use of checking child's temperature unless a non-contact thermometer is used.
- Staff can protect themselves by wearing an over-large button-down, long sleeved shirt and by wearing long hair up off the collar in a ponytail.

Staff member

- Staff are expected to arrive at least 5-10 minutes early than their scheduled shift and check in at the main entrance for health screening
- Staff should answer the questions on Student/Staff Questionnaire once their temperature is taken
- Staff will be tested for COVID-19 per guidelines.

During the day prevention of COVID-19

Arrival of children

- We may stagger the arrival and drop off times for our students, and/or have child care providers come outside the facility to pick up the children as they arrive. As of 5/13/20 this is not in effect but may happen with notice to families.
- We may plan for curbside drop off and pick up should limit direct contact between parents and staff members and adhere to social distancing recommendation. As of 5/13/20 this is not in effect but may happen with notice to families.
- As of 5/13/20, preschool students can be dropped off and signed in outside the door to their individual classrooms. Parents/visitors should adhere to social distancing protocol, use the hand sanitizer at each table, and refrain from entering the classrooms.
- If possible, older people such as grandparents or those with serious underlying medical conditions should not pick up children, because they are more at risk for severe illness from COVID-19
- Parents should use the Hand Hygiene Station set up at the entrance of the facility, and clean their hands before they enter; at this time the hand sanitizer is NOT for child use.
- Check each child/parent temperature upon arrival. Currently, as of 5/13/20, a fever is considered 100.4 degrees. Families also need to comply with daily questions of child's exposure to Covid-19, and if child has any of the identified symptoms set by the CDC guidance, the child will not be permitted to attend. Attendance will be denied for a minimum of 48 hours following.
- Staff will help child remove coat and get hands washed once in the classroom.
- Staff will assist the child placing their backpack and lunch from family in their cubby.
- Children will not be allowed to bring toys from home, or other personal belongings into the center. Fresh bedding must come laundered and in the large zip lock bag we have provided each Monday (or the first day of the week that your child attends).

Arrival of Staff

- Bring in to the center as little as you possibly will need for the day.
- Wash hands immediately upon arrival in the classroom.
- Put personal items away.
- Check your temperature.

Departure of Staff

Once all children have departed and center is cleaned.

- Use a glove to remove any more garbage to the dumpster.
- Wash your hands.
- Take all belongings home daily.

Various times of the day

- All children's blankets, extra clothes are to stay at the center for the week to reduce the transmission of COVID-19 from home to school.
- Keep classroom size as small as possible.
- At nap time, ensure that children's cots (or cribs) are spaced out as much as possible, ideally 6 feet apart. Continue to practice head to toe in order to further reduce the potential for viral spread.
- Children's books, like other paper-based materials such as mail or envelopes, are not considered as a high risk for transmission and do not need additional cleaning or disinfection procedures. We do encourage a light spray down of bleach throughout the day
- Break room will have a bleach spray bottle for staff to use before and after use of table.
- No touch trashcans in classrooms instead of cans that require a hand to touch.

Electronics

For electronics, such as tablets, touch screens, keyboards, and remote controls

- Consider putting a wipe able cover on electronics.
- Follow manufacturer's instruction for cleaning and disinfecting.
- If no guidance, use alcohol-based wipes or sprays containing at least 70% alcohol. Dry surface thoroughly.

Clean and Sanitize Toys

- Toys that cannot be cleaned and sanitized should not be used
- Toys that children have placed in their mouths or that are otherwise contaminated by body secretions or excretions should be set aside until they are cleaned by hand by a person wearing gloves. Clean with water and detergent, rinse, sanitize and air-dry. You may also clean in a mechanical dishwasher.
- Be mindful of items more likely to be placed in a child's mouth, like play food, dishes, and utensils. Machine washable cloth toys are not to be used during COVID-19 or must be laundered as soon as a child finishes playing with it. Stuffed animals are put away for now.
- Do not share toys with other groups of children, unless they are washed and sanitized before being moved from one group to the other.
- Set aside toys that need to be cleaned. Place in a separate container marked for "soiled toys." Keep dish pan and water out of reach from children to prevent risk of drowning. Washing with soapy water is the ideal method for cleaning. Try to have enough toys so that the toys can be rotated through cleanings.
- Children's books, like other paper-based materials such as mail or envelopes, are not considered a high risk for transmission and do not need additional cleaning or disinfection procedures.

Washing, or Holding a Child

It is important to comfort crying, sad, and/or anxious children, and they may need to be held. To the extent possible, when holding very young children.

- Staff can protect themselves by wearing an over-large button-down, long sleeved shirt and by wearing long hair up off the collar in a ponytail.

- Staff should wash their hands, neck, and anywhere touched by a child's secretions.
- Staff should change the child's clothes if secretions are on the child's clothes. They should change the button-down shirt, if there are secretions on it, and wash their hands again.
- Contaminated clothes should be placed in a plastic bag or washed in a washing machine.
- Children and staff should have multiple changes of clothes on hand in the child care center.

Hand washing

All children, staff, and volunteers should engage in hand hygiene at the following times

- Arrival to the facility and after breaks
- Before and after preparing food or drinks
- Before and after eating or handling food, or feeding children
- Before and after administering medication or medical ointment
- After using the toilet or helping a child use the bathroom
- After coming in contact with bodily fluid
- After playing outdoors
- After handling garbage
- After blowing one's nose, coughing, or sneezing
- After using the restroom
- Before coming in contact with any child After touching or cleaning surfaces that may be contaminated
- After using shared equipment like toys, computer keyboards, mouse, scissors, pens. etc.
- All staff and children must adhere to regular hand washing with soap and water for at least 20 seconds
 - Turn water on and wet hands, remove from water
 - Add soap to hands and create friction to make bubbles
 - Scrub for 20 seconds, sing Happy Birthday or ABC's
 - Rinse hands under running water
 - Dry hands with single use paper towels
 - Turn off faucet with paper towels

Alcohol based sanitizers

Use of an alcohol-based hand sanitizer should only be practiced when soap and water method is not available

Respiratory Hygiene

- All staff should cover coughs and sneezes with tissues or the corner of the elbow.
- Encourage children when appropriate, to cover coughs and sneezes with tissues or the corner of the elbow.
- Dispose of soiled tissues immediately after use

Eliminating transmission points

- Reduce common touch points by opening internal doors where possible.
- Install all no-touch disposal receptacle or remove lids that require contact to open for non-hazardous waste containers unless doing so creates an unsanitary environment.
- **Frequent cleaning of all touch points**
- Secure all secondary doors and access points to minimize incidental contact.

- Recommended to provide disposable wipes so that commonly used surfaces (for example, doorknobs, keyboards, remote controls, desks, other work tools and equipment) can be wiped down.
- Staff should not share phones, desks, or other work tools and equipment, when possible. If shared, clean and disinfect equipment before and after use.
- Employees should clean their personal workspace at the beginning and the end of every shift.
- If a sick employee is suspected or confirmed to have COVID-19, follow the CDC cleaning and disinfection recommendations.

Meetings staff, board of directors

- These events and meetings that require close contact should be postponed during COVID-19

Essential functions and reliance that the community may need us for our services

- Legacy Christian Preschool is prepared to change our business practice to maintain critical operations, this may include enrolling on a temporary basis, child of various ages of essential personal.
- Legacy Christian Preschool will identify alternate supply chains for critical goods and services. Some good and services may be in higher demand or unavailable. If for some reason there is not adequate PPE for a child care center, cleaning supplies, paper supplies, the director or her designee will close the center until proper materials have arrived
 - Currently, the best defense to Covid-19 is hand washing therefore, using gloves all day everyday could become the false security therefore gloved hands will be reserve for the following times
 - Universal Precautions
 - Nose blowing
 - Garbage removal
- The Director or her designee will communicate often with companies including fire and safety that enter the building about the importance of sick employees staying home.
 - Legacy Christian Preschool procedure for these persons to enter the building
 - Visitors conducting business must wear a mask
 - Director or her designee will take visitors temperature
 - The visitor will complete a questionnaire form

Center Family/Staff Communication Plan

Communication is important for all center staff and families. Regular communication will continue through school wide emails, The Legacy Link, and the director and teachers as well as face to face.

Determine how Legacy Christian Preschool will operate if absenteeism spikes amongst staff

While assuring that same staff person is to remain with the same children over the course of the day it is understandable that absenteeism may increase in employees, those who stay home to care for sick

family members, and those who must stay home to watch their children if dismissed from childcare programs and K-12 schools.

- Legacy Christian Preschool will plan to monitor and respond to absenteeism at the workplace to provide consistency for families and children.
- Implement plans to continue our essential business functions in case we experience higher than usual absenteeism.
- We've cross-trained staff to perform essential functions so the workplace can operate even if key employees are absent.

Staff/Student Arrival Health Questionnaire

(An example of what we'll use upon check in daily)

Please help us to protect your children and others by answering the questions on this form regarding symptoms of COVID-19 immediately upon entry to Legacy Christian Preschool. Temperatures will be checked upon arrival and again if the child seems symptomatic during the day.

If your child has **any symptoms** on this form, we cannot allow your child/family to enter until your symptoms have resolved.

If you, a member family living with your child, or your child has traveled outside the state of PA please notify us for additional guidance

| Date | Child Name and class | Close contact with person diagnosed Covid-19 (Y/N) | Cough/Shortness of breath or difficulty breathing/ Chills/ Repeated shaking with chills/Muscle pain Headache/ Sore throat/ New loss of taste or smell (Y/N) | Fever 100.4 or greater present upon arrival (Y/N) | Notes |
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